



Post Mission Debriefing:

A week or so after the mission trip, the mission leader would ask all mission trip participants to complete this post mission debriefing and return to them as soon as possible.

Name: Caleb Rankin

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: April 3, 2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

On Monday when we went to the High-School (Futuro Vivo) and the Night of the Healing Mass

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

Physical Healing is not the only healing God gives
There was one time during pray when God said something along the lines of there are other ways

3. Tell us about some of the people you met? What was surprising/interesting about I heal; the culture?

I met Mr. Ezekiel, and found out about the godly love he holds for his community, and how deeply he wants to bring God's love there, something surprising/interesting about the culture was the openness to us

4. How did this experience change your view of the world?

I realized that there are always ways to show and spread God's love, I saw this in the work of God through Mr. Ezekiel, connecting with the parish

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I think it will help me think more about how my vocation will play a part in the perpetuation of positive feedback loops of God's love world wide

6. What will you share about this trip to your family and friends?

I will likely share how Mr. Ezekiel worked and currently is working to form a positive feedback loop of God's love in his community

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living a very difficult life going from his community to futuro vivo to get educated to aid his community and how we can help do the same around the world

IMPORTANT LAST THINGS

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Name: VALENTINO MOORE

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: April 30th, 2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

Being able to give back to people in need or people who were less fortunate than us and to see their smiles.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

Be happy for what you have and take nothing for granted. Always lean on Christ then yourself.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

How poor they were, yet how happy they were and how they put God first in everything. Every person I encountered was absolutely amazing, especially Ezekiel.

4. How did this experience change your view of the world?

How I complain about little thing and they complained about nothing, when they didn't have anything.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

It will lead me to do more mission trips to help many people out that I can. Doing more mission trips to help serve those in need.

6. What will you share about this trip to your family and friends?

To tell them that It is something that they should do and how it will change their perspective.

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Name: Alana Rankin

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?

Going to the schools and talking with the students.
I also enjoyed going to the healing mass.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

God taught me patience and virtue with others.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

Everyone that I met were very loving and giving.
They also always seemed to have a smile on their faces even if they lived in poor conditions.

4. How did this experience change your view of the world?

This experience helped me view others in a more appreciative way and allowed me to always see the best in people.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I think that it will make me more involved with helping others and having more patience and love towards others.

6. What will you share about this trip to your family and friends?

I will tell them about the people and the culture and how everyone there shared their faith and love with one another.

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Name: LIESL BENNER

Mission Trip: (Medical #, Family or School Name) STA Mission Trip

Your Occupation: Spanish Teacher

Date: 4-3-25

Reflection Questions:

1. What were some of your favorite parts of the trip?

Everything but I really enjoyed the one on one conversations I had with everyone there.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

Joy does not come from money. So many of the people there had so little, and yet they were so joyful!!

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

Ezequiel was such an inspiration to me after learning what he and the teacher from the Batay El Namey overcame to get an education at the university.

4. How did this experience change your view of the world?

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I would love to participate in a medical mission sometime in the future.

6. What will you share about this trip to your family and friends?

The love, joy & gratitude we experienced from the people we encountered.

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Name: Harry Groomer

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: April 3 2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

my favorite part was going to the school
the first day of the trip.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

I think the most important lessons that
stood out to me was the always moving
aspect of the trip.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

I loved to people at sister parish
they were so happy to be doing
what they loved and had so much
enthusiasm

4. How did this experience change your view of the world?

I gave me a broader and more knowledgeable view.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

For sure I will definitely be more involved in future mission trips

6. What will you share about this trip to your family and friends?

That it was awesome and they should do it

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Name: Cody Ott

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?

Helping the poor and hanging out with the kids at both schools.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

To appreciate what I have and that joy can be found anywhere, no matter the situation. The people at the churches really stood out.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

We met lots of impoverished people who were so happy, despite their hard lives. Their culture was so friendly and community-based.

4. How did this experience change your view of the world?

We are so blessed to have what we have, yet we are never happy like they are in America.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I would like to participate in another trip as soon as I can.

6. What will you share about this trip to your family and friends?

The experience I had and the people I met.

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Name: Charles Carter

Mission Trip: (Medical #, Family or School Name) SJA

Your Occupation: Student

Date: April 3, 2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

Seeing what difference we made in the community.
Getting the opportunity to talk with the school children.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

I need to get out of my comfort zone.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

Morica from the K-12 school reminded me of one of my friends from the US. They don't have many track athletes in the DR.

4. How did this experience change your view of the world?

It showed me how people deal with extreme poverty.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

If I'm given an opportunity to go again I will.

6. What will you share about this trip to your family and friends?

Everything I did and experienced.

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Name: Aiden Dove

Mission Trip: (Medical #, Family or School Name) SJA

Your Occupation: Student

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?
How we got to learn about the culture and learn the history about the DR
2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?
To give time to people most in need.
The encounter that stood out was playing with the kids while painting the mural
3. Tell us about some of the people you met? What was surprising/interesting about the culture?
we met Ezekiel and he was awesome.
I like how they are so energetic during mass.

4. How did this experience change your view of the world?

That we have a lot of things for granted

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

It will make me want to do more mission trips in the future to different places.

6. What will you share about this trip to your family and friends?

My experiences and how it was for me. and the culture.

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Name: Neyza Vega

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?

my favorite part of the trip was getting to know the Dominican students and meeting the elderly.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

God taught me to never take anything for granted and I really enjoyed meeting Ezekiel and getting to talk to him and learn about his experiences.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

They were so welcoming and nice. The kids bonded with us easily and were always up to play games with us.

4. How did this experience change your view of the world?

I realized the life I live isn't a reality everywhere and living situations in other countries are unfair.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I really felt called to keep doing mission work and I could always donate.

6. What will you share about this trip to your family and friends?

That it is a life changing experience.

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Name: Richy Fernandez

Mission Trip: (Medical #, Family or School Name) St Joseph Academy

Your Occupation: _____

Date: 4/3/2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

I really liked talking to the children at the local schools, learning from them and about their lives.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

God taught me how to be obedient, regardless of the situation I was placed in

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

We met with elderly residents at a retirement home, as well as children at two different schools

4. How did this experience change your view of the world?

It changed my view by looking at the joy the people we encountered possessed, especially in their struggle

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I am looking at regularly donating to SPM in order to support their work

6. What will you share about this trip to your family and friends?

I will share about the good work that Sister Parish Ministries does

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Name: Emma Campbell Strickland

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: April 3rd 2025

Reflection Questions:

1. What were some of your favorite parts of the trip?

- visiting with all of the children
- Painting

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

God taught me about the importance of gratitude and specifically the women whose houses we were painting were really impactful to me

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

- Everyone was so happy and loving
- I loved how excited everyone was to meet us

4. How did this experience change your view of the world?

It gave me happiness to see how happy everyone was.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I definitely want to go on more mission trips and specifically go back to the DR

6. What will you share about this trip to your family and friends?

I will share how impactful and amazing this experience was

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Name: Hunter Makin

Mission Trip: (Medical #, Family or School Name) SJA

Your Occupation: Social Studies Teacher

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?

Learning more about the history of the bateys as well as serving all the people we came into contact with in general.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

1. Never be afraid to pray (healing mass)

2. Never be afraid to help even if it's only about being there for others (batey/old folks)

3. Tell us about some of the people you met? What was surprising/interesting about the culture? home

The fact that no matter how poor the people were they were always eager to feed us or help us.

4. How did this experience change your view of the world?

This experience just further opened my eyes to the reality of poverty that so many people live in.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I will certainly always recommend SPM and jump at any chance to go on another SPM mission trip.

6. What will you share about this trip to your family and friends?

That it was lifechanging and is so good for your soul!

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- \$100- food for 4 elderly for 1 month
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- \$1,000- food for elderly and disabled in nursing home for 1 month
- \$1,250- housing supplies for elderly for 1 month
- \$1,500- supplies and food for pre-school students for 1 month
- \$2,500- food for all elderly residents for 1 month
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IMPORTANT LAST THINGS

- Don't forget to share your **mission trip photos** with your group leader. They should have set up a shared photo album for your trip.
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Sister Parish Ministry



Post Mission Debriefing:

A week or so after the mission trip, the mission leader would ask all mission trip participants to complete this post mission debriefing and return to them as soon as possible.

Name: Isabella Mundoca

Mission Trip: (Medical #, Family or School Name) St. Joseph Academy

Your Occupation: Student

Date: 4/3/25

Reflection Questions:

1. What were some of your favorite parts of the trip?

Getting to interact with the children & clearly communicating with them & seeing the joy on their faces when they saw us. I also enjoyed painting & the sense of accomplishment when we painted an entire house.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

Even if you don't have materialistic things & luxury you can still be happier than ever & truly experience God more. It was incredibly humbling & an eye opener for me to see all the people loving life.

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

So much to say in small space but, Priscilla, Josepha, Willy, Antonia, Telis, the list goes on but they all had so much personality and life. I could never forget them & I hope they all have so much goodness come to them in their lives. They were amazing people very friendly & funny (or silly).

4. How did this experience change your view of the world?

It really opened my eyes to the lifestyle of these people & how I have so much stuff. It made me realize how hard my parents work to provide & how lucky I am to live where I do. It was truly humbling to see how they live but with so much more joy than I ever will experience.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

I would love the chance to go on another trip to assist the poor & grow in my faith with my peers.

6. What will you share about this trip to your family and friends?

Everything! All the people I met, the things we accomplished, the places we went & the love we shared for God & how we grew in our faith.

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Post Mission Debriefing:

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Name: Kyla Carter

Mission Trip: (Medical #, Family or School Name) St Joseph Academy

Your Occupation: Student

Date: 3/16 - 3/21

Reflection Questions:

1. What were some of your favorite parts of the trip?

Getting to see & encounter the Dominican culture, serve and help the elderly, poor, and hungry, and talking to everyone seeing their smiles & joy.

2. What do you think were the most important lessons God taught you while on this trip? Any encounters that stood out to you?

The value of humility, lifting up my suffering pains & aches as penance & an opportunity to intercede for others and the people we served. What stood out to me was all of the

3. Tell us about some of the people you met? What was surprising/interesting about the culture?

I met Ezekiel, he was our main leader. He was so eager & willing to give back to his community. Everyone hugged everyone, it was beautiful. So open to hugs they truly reflected God's open arms & grace.

4. How did this experience change your view of the world?

It helped me gain appreciation for where I live; my house, my bed, my family, AC, cars, and the little everyday things that I hadn't even thought about.

5. Now that you have experience a Sister Parish Ministry mission trip, how do you think it will affect your involvement in the future? What will that involvement look like?

It will encourage & inspired me to go on more mission trips & put volunteer opportunities first, next year in college I hope to find youth groups & mission work in the city.

6. What will you share about this trip to your family and friends?

The people I encountered, the joy & saw & felt in everyone despite their poverty, the openness of Jesus that was revealed to me, the beautiful laughter of all the children we got to visit.

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